

**Session Sheet**

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| --- | --- |
| **Child Name:** |  |
| **Setting:** |  |
| **Date:** |  |
| **Social & Emotional Learning Targets:** |  |
| **Adult led emotional literacy activity:** |  |
| **In the moment planning curriculum links:** |  |
| **Reflections, positives & hurdles** |  |
| **Concerns:** |  |
| **Practitioner:** |  |

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| **Leuven Scale**  | **Wellbeing** | **Involvement** |  | **Session outcomes:** |
|  | **1** | **2** | **3** | **4** | **5** |
|  1  | Very Low |  |  |  | Behaviour |  |  |  |  |  |
| 2  | Low |  |  |  | Manners |  |  |  |  |  |
| 3  | Moderate |  |  |  | Respect |  |  |  |  |  |
| 4  | High |  |  |  | Engagement |  |  |  |  |  |
| 5 | Extremely High |  |  |  | Enjoyment |  |  |  |  |  |