

**Session Sheet**

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| **Child Name:** |  |
| **Setting:** |  |
| **Date:** |  |
| **Social & Emotional Learning Targets:** |  |
| **Adult led emotional literacy activity:** |  |
| **In the moment planning curriculum links:** |  |
| **Reflections, positives & hurdles** |  |
| **Concerns:** |  |
| **Practitioner:** |  |

|  |  |  |  |  |  |  |  |  |  |  |
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| **Leuven Scale** | | **Wellbeing** | **Involvement** |  | **Session outcomes:** | | | | | |
|  | **1** | **2** | **3** | **4** | **5** |
| 1 | Very Low |  |  |  | Behaviour |  |  |  |  |  |
| 2 | Low |  |  |  | Manners |  |  |  |  |  |
| 3 | Moderate |  |  |  | Respect |  |  |  |  |  |
| 4 | High |  |  |  | Engagement |  |  |  |  |  |
| 5 | Extremely High |  |  |  | Enjoyment |  |  |  |  |  |